

Coronavirus Resources

Harris County Public Health advises the public to call their local health department for questions as information and guidance may vary. Regional resources for both clinical-related questions and general questions about the virus are available below:

[Coronavirus Prescreening Form](#)

(provided by Harris County Public Health and Houston Health Department)

For Harris County Residents:

Harris County Public Health (HCPH)

www.hcphtx.org\COVID-19

www.ReadyHarris.org

832-927-7575

Sunday–Saturday, 9 a.m.–7 p.m.

Harris Health System

www.harrishealth.org

Ask-My-Nurse

Clinical-related questions

713-634-1110

Sunday–Saturday, 9 a.m.–7 p.m.

For City of Houston Residents:

Houston Health Department

www.HoustonHealth.org

www.HoustonEmergency.org

832-393-4220

Monday–Friday, 9 a.m.–7 p.m.

Saturday, 9a.m–3 p.m.

For Fort Bend County Residents:

Fort Bend County Health & Human Services

www.fbchealth.org/ncov

281-633-7795

Monday–Friday, 8 a.m.–5 p.m.

For validated information regarding the Coronavirus, please refer to official government websites such as:

- [CDC \(Centers for Disease Control and Prevention\)](#)
- [CDC Travel Notices](#)
- [Latest CDC Risk Assessment](#)
- [Latest CDC Transmission Information](#)
- [U.S. Department of State Travel Advisories](#)
- [Harris County \(Ready Harris\)](#)
- [WHO \(World Health Organization\)](#)
- [Harris County Public Health](#)
- [Texas Health and Human Services](#)
- [Texas Nurses Health Line](#)

LOCAL RESOURCES

City of Houston

The City of Houston will not be disconnecting anyone's water through April regardless of missed or late payments

Internet Essentials with Comcast

Comcast is taking steps to help connect more low-income families to the internet. New internet essentials customers will receive two free months of internet service.

Mental Health Crisis Hotline

832-416-1177

United Way 211 Helpline

A free helpline operated by United Way of Greater Houston, open 24 hours a day, 7 days a week

COVID-19 Houston Call Center

832-393-4220

Houston Food Bank

-Helpline 832-369-9390

-Apply for SNAP with the help of Houston Food Bank's Community Assistance Program

-Text FOOD to 855-308-2282 to find nearest food pantry in the area

SNAP

Families will be reimbursed up to \$50 on SNAP grocery purchases. Here is how it works:

1. Purchase food as normal with your SNAP card
2. Download the Expensify app on iOS or Android, for free.
<https://community.expensify.com/discussion/4699/how-to-download-the-mobile-app/p1?new=1>
3. Join the <https://www.expensify.org/hunger#reimbursement> policy
4. SmartScan the receipt, which will tell us how much you paid and show that it was paid for with an Electronic Benefits Transfer (EBT)
5. Submit it to volunteer@expensify.org
6. Set up your bank account to receive the funds
7. As long as funds are available, we will reimburse up to \$50 per family, the very next day

TWO FREE INTERNET OFFERS FOR QUICK REVIEW:

Two Internet Service Providers (ISP) are providing free, trial internet to homes who may not have access.

Comcast is offering:

- Sixty (60) days of free Internet Essentials service, which is normally available to all qualified low-income households for \$9.95/month.
- For new customers, applicants can simply visit www.internetessentials.com (website includes written, and video chat customer service options) or by calling 1-855-846-8376 (English) or 1-855-765-6995 (Spanish).

Spectrum is offering:

- Sixty (60) days free broadband and Wi-Fi access for households with K-12 and/or college students who don't already have a Spectrum broadband subscription.
- No installation fees for new households.
- Enroll by calling 1-844-488-8395